

See-LEVEL

Instructions

Purpose:

This guide has been prepared for sea operational conditions of the **See-LEVEL headset** device **to eliminate seasickness fast.**

Who is this guide for?

It is for ship crew members on each vessel, who are new recruits or those who are more susceptible to seasickness.

No technical knowledge of applying the **See-LEVEL headset** is required as they are simple to use with easy to read internal software instructions.

See-LEVEL headset usage at sea

To achieve fast relief from our See-LEVEL device you must follow these procedures:

- The headsets must be powered on and applied immediately when any seasickness symptoms are initially felt e.g. (sweating, anxiety, rapid heart rate, excess saliva in the mouth, dizziness or nausea)
- The person should retreat and remain seated in a comfortable, safe, isolated location on the vessel when using the device.
- The individual should not engage in any conversation or other occupation when wearing the device.
- This location should be free of strong odours, heat and noise.
- The headset should only be removed when you feel ready and have recovered.
- If seasickness symptoms return reapply the device immediately for a further fifteen minutes.
- For best and rapid results apply See-LEVEL headsets at the first hint of seasickness.

Helpful hints

- Do not use a See-LEVEL headset if you are just about to vomit.
- It is important to wear the See-LEVEL headset for a minimum of fifteen minutes or longer if required.
- **If seasickness symptoms return reapply the See-LEVEL device or you may need to re-apply if the vessel changes course and movement characteristics change.**

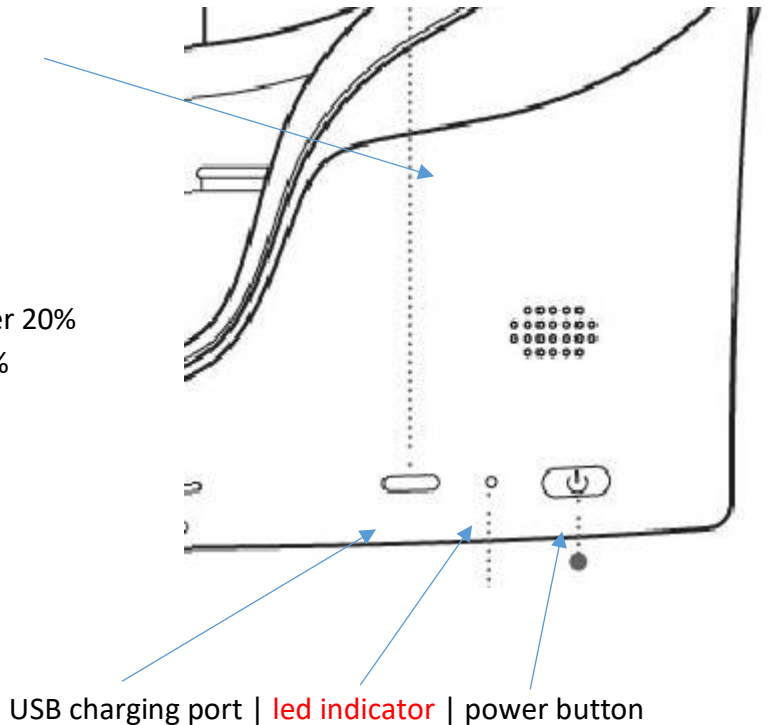
See-LEVEL

See-LEVEL indicator lights:

- Power on long press for 2 seconds
- Power off long press for 4 seconds
- Short press – enter standby
- Short press – wake up

Led indicator

- **Blue** – powered on with battery over 20%
- **Yellow** - charging battery above 20%
- **Red** - charging battery below 20%
- **Red flashing** – battery below 20%
- **Blue flashing** - shutting down
- **green** – charging complete
- **Off** – sleeping or powered off



Questions, feedback and help.

Web support.see-level.com
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Do **NOT** use the headset if a low battery status LED or warning signal appears as this will severely effect its effectiveness.

A warning will appear in the headsets VR scene if this occurs.